



Coldean

Community & Church Magazine

Spring 2020

£1.00



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St Mary Magdalen Events Spring 2020

- 21 Mar Quiz Evening at St. Mary Magdalen at 7.30 p.m.
- 02 May Coldean Tots & Tea Car Boot & Table Top Sale at St. Mary Magdalen. Time to be advised.
- 10 May Charity Lunch at St. Mary Magdalen for Christian Aid 12.30 p.m.
- 23 May Spring Fair at St. Mary Magdalen - Plants & Stalls 12 noon - 3.00 pm
- 06 Jun Quiz Evening at St. Mary Magdalen 7.30 p.m.
- 04 Jul Summer Fair at St. Mary Magdalen 12 noon - 3.00 p.m.

A Message from Rev Betsy

Dear Friends and Neighbours,

I hope you had a marvelous Christmas and New Year; we certainly did at the Vicarage, the whole family, close and extended came together for the celebration which included being part of the Church and community Christmas lunch. It was an amazing day; and my thanks go to all who made it possible, our supporters were so generous in giving whether financial, material or spiritual, yes your prayers did help and many people who would have been alone or separated from family were able to come along and enjoy fantastic food and fellowship.

I am not going to name all of our volunteers or supporters for fear of missing someone out, to all of you go my thanks , admiration and love, along with the invitation to do it all again in 2020!

We are all abuzz in St Mary Magdalen at the moment as we have gone into phase two of becoming your parish church, which, if successful will mean we will be able to develop the memorial garden area so that the remains (ashes) of loved ones may be kept near and there will be space to sit down and feel close to them.

Please keep us in your prayers and as they say “Watch This Space”.

We are thinking seriously about moving Messy Church away from a Saturday morning, as there is too much else going on, Sports, dancing, swimming etc. By moving it to after school once a month; we would provide a simple meal, e.g. sausages, shepherds pie, there would be a craft project linked to the theme of the month, and we would have fun! What do you think? Please do give me your thoughts either by email: revbetsy@btinternet.com by message on 07842608911 or pop in and have a cuppa on a Wednesday after Mass.

I hope that I will catch up with you all in the coming months and would love to see you at any of our services or social events.

My prayers are with you always.

Revd Betsy

Easter Services 2020 at Saint Mary Magdalen

- Sun 22 Mar Mothering Sunday 10 a.m.
Sun 5 April Palm Sunday 9.30 a.m.
Mon 6 April Mass mid-day
Tue 7 April Mass 6 p.m. (St. Andrews 7.30 p.m.)
Wed 8 April Mass 10 a.m. (Agape Meal St. Andrews 7.30 p.m.)
Thu 9 April Maundy Thursday service at 7.30 p.m.
Fri 10 April Childrens Activities 10 a.m. – 12 noon
Good Friday service at St Mary Magdalen at 2.00 p.m.
Sat 11 April (Easter Saturday service at St Andrew at 7.30 p.m.)
Sun 12 April Dawn Service for Easter Morning, St Mary Magdalen at 5.30 a.m.
Sun 12 April Easter Morning 10.00 a.m. at St Mary Magdalen (10 a.m. at St. Andrew)

Essenam Atsu from Togo

Essenam is an 11 year old girl living in the outskirts of Atakpame in Togo with her grandmother. The congregation at St Mary Magdalen church have been sponsoring Essenam through the organisation known as Plan International UK for a number of years.

Since 1937, Plan International has been promoting the rights of children around the world. They work with partner organisations in more than 45 countries, making sure children in some of the poorest communities are safe and protected from violence.



Essenam with a water container

They provide access to essential services, including education, healthcare, clean water and toilets. And they are there when disasters happen, providing emergency relief and supporting communities to recover, rebuild and develop their resilience.

One the tasks Essenam has to undertake is fetching water from the village well to the hut where they live, for cooking and cleaning.

We have recently received the following letter from Essenam which was written in French and translated by one of the volunteer workers from the area.

“Hello Mr Phillips!

I thank you so much to have sent me nice cards for my birthday. My grandmother and I will stick these cards in the room where we sleep for remembrance.

I am in primary school grade 5. Our subjects are among others Mathematics, history and geography, reading and so on.

I like sport and playing a game that we call Ampe over here.

In Next February we will celebrate funerals of my grandparents and it will be a feast for all the family.

The weather has been warm but it has started raining now and farmers are getting prepared for farm activities.

Have you got any rain yet over there in your country?

Wishing that our friendship will be a lasting one receive my greetings.

Goodbye and see you soon.

Essenam Atsu”

Atakpamé is the fifth largest city in Togo by population (84,979 inhabitants in 2006), in the Plateaux Region of Togo with an elevation of 400 m.

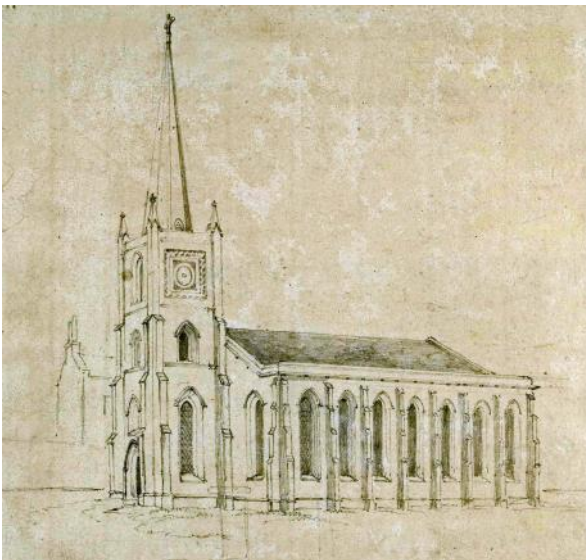
Togo is a country in West Africa bordered by Ghana to the west, Benin to the east and Burkina Faso to the north. The sovereign state extends south to the Gulf of Guinea, where its capital Lomé is

located. Togo covers 22,008 square miles, making it one of the smallest countries in Africa, with a population of approximately 7.9 million.

The climate is generally tropical with average temperatures ranging from 23°C on the coast to about 30°C in the northernmost regions, with a dry climate and characteristics of a tropical savanna. In the south, there are two rainy seasons the first between April and July and the second between September and November though the average rainfall is not very high.

St. Mark's Church, Eastern Road, Kemp Town

This Church which adjoins Sussex Square and has now closed, was originally at the terminus of the Kemp Town to Portslade omnibus route, in Eastern Road. Its building is primarily due to the charity of the first Marquis of Bristol. He conveyed the site on which the Church now stands to the Trustees of St. Mary's Hall a school for the daughters of clergymen, in order to provide a church for the residents in the vicinity and for the pupils of St Mary's Hall.



Sketch Drawing of original church design

The Marquis, in his zeal to hasten the building of a Church, had the "skeleton" of the present church built and roofed at his own expense, but a wearisome legal controversy arose which lasted for almost ten years. Ultimately, the Rev. H. V. Elliott, the chief founder of St. Mary's Hall made himself responsible for a considerable part of

the additional cost of completing the Church, and eventually it was consecrated and opened for public worship on 21st September 1849.

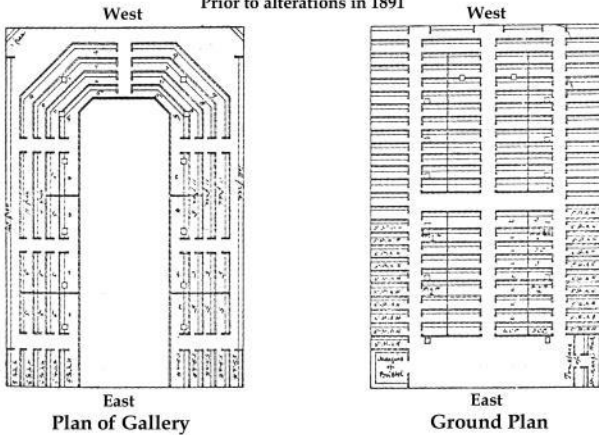
The Marquis of Bristol gave a sum of £1,000 towards the endowment of the Church.

In 1860 the east window and a monumental tablet were erected in grateful memory of the first Marquis of Bristol. For some years the

Church consisted of Nave and Tower only, with galleries north, west and south. The north and south galleries were removed, and a Chancel, Vestry and South Transept were added in 1892. During the incumbency of the Rev. A. Morgan (1899 - 1911), the organ was greatly

St Mark's Church Brighton

Prior to alterations in 1891



Original Plans for St Mark's Church

improved, new heating and electric light systems were installed and many beautiful memorials, consisting of fine stained glass windows, a graceful pulpit, lectern and other gifts were presented. The last window was inserted



Interior of St Mark's Church c1917

and dedicated in 1915.

St. Mark's Church Schools grew with the growth of the Church. They were started under the Rev. E. B. Elliott in 1853, when the ground floor of the Institute in Chesham Road was opened, and worked as a single "Mixed" department. In 1873 the number of children had increased and the upper part of the same building opened as a boys' department. During these extensions the scholars met in a room built in the cliff, on the "slopes" opposite Arundel Terrace, with the beach for playground.

In 1894 the number of scholars had again increased, and the Chesham Road premises proved quite inadequate. A Building Committee was formed, and by their efforts and the generosity of St. Mark's congregation and friends of education in the neighbourhood, a new site was secured, given by Lord Ashcombe. These new school buildings, costing over £8,000 stood for many years as a lasting memorial of the zeal and public spirit of Church-people in the east end of Brighton.

During the First World War the Schools were "commandeered" by the War Office to form part of the 2nd Eastern General Military Hospital, and some thousands of soldiers, passed through its wards and were nursed back to health. Meanwhile, the scholars and staff had to revert partly to the old building in Chesham and partly to St. George's Mission Hall.

For the first 80 years of its life, St. Mark's had the status of a Chapel of Ease within the parish of Brighton (or BRIGHTHELMSTONE). That meant a building consecrated for the purposes of divine worship in accordance with the tenets of the Church of England. For practical purposes and appearances St Mark's resembled a parish church; but it was still within the ancient parish, and existed for the convenience of those living in the neighbourhood, who would therefore be expected to pay through their pew rents for the benefits they enjoyed. Some of the free seats were reserved for the inmates of St. Mary's Hall while others were open to all.

In 1848, three bells were installed by Mears & Stainbank (now the Whitechapel Bell Foundry) of London, and three more were added in 1867 when the tower was given the clock which it was intended to have had from the beginning.

In 1873, St Mark's became the parish church of Kemptown.

By the 1980s, however, attendances were falling, and the Diocese of Chichester declared the church redundant as from 1 May 1986. Its parish was merged into that of St George's Church, which also gained the area covered by the parish of St Anne's Church, which closed and was demolished in 1986.

The official name of this parish is now "St George with St Anne and St Mark". The building was then given to St Mary's Hall School for use as their private chapel, arts centre and concert hall.

From 1987, St Mary's Hall began using the church for assemblies, services, awards ceremonies, concerts, plays, even public



St Mark' Church c2010

examinations – after certain basic alterations and improvements to the building had been carried out.

In 2005, an appeal was launched to raise funds to improve the facilities at St Mark's, with a view to extending its use and sharing the space with local community arts groups. This project was progressing well, but came to an abrupt halt in 2009, following the merger of St Mary's Hall with Roedean School. St Mary's Hall Senior School site was sold to the Royal Sussex County Hospital and the Junior School to Brighton College. St Mark's Chapel was gifted, together with the restricted funds raised by the appeal, to the parish of St George's in Kemp Town. The Parochial Church Council of St

George's appointed a management team of arts professionals to initiate the ongoing development programme, and a board of trustees to oversee progress of the new charity, Spire Arts, at St Mark's Chapel.

St Mark's Church was listed at Grade II by English Heritage on 26 August 1999.

Electrical Developments in Brighton

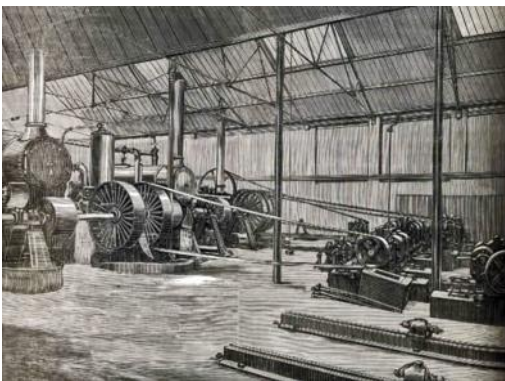
While walking along the seafront recently I saw a plaque dated 16 September 1893 on one of the street lighting columns, close to the West Pier, recording the inauguration ceremony for providing lights on Brighton seafront.

With an unbroken supply since January 1882, Brighton can probably claim the oldest continuous public electricity supply in the world.

In 1881 Robert Hammond was employed by shopkeepers to light their premises along a 1.75 mile ring



Plaque on lamp post



Brighton's 2nd power station c1887

in Queen's Road and Western Road. The Hammond Electric Light and Power Company started supplying power on 21 January 1882 with sixteen arc-lamps, and a permanent system was inaugurated on 27 February 1882. The generator, which was sited at the Regent Iron Foundry in North Road (the site now

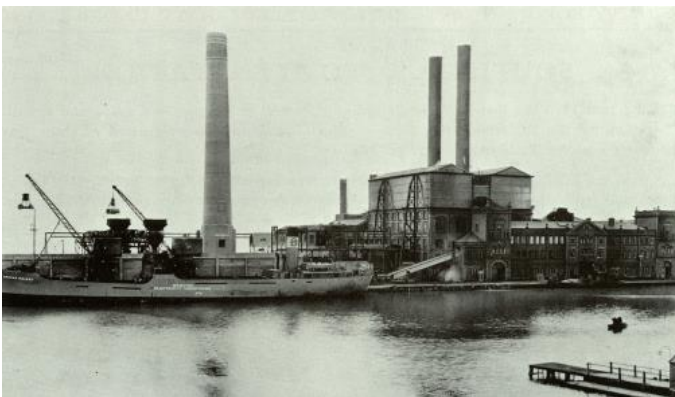
occupied by the Post Office sorting office), was initially regulated by a boy but it soon changed to automatic operation.

Magnus Volk a local engineer provided a supply of electricity for lighting the Royal Pavilion at a promenade concert, and later, in 1883, introduced the first electric transport in the town, known as Volk's Electric Railway, which still runs along a section of Brighton sea front.

In 1883 Brighton Corporation was sanctioned to supply electricity for the Old Town. The corporation built a second power station in North Road which opened on 14 September 1891. A rapid increase in demand led to further extensions at North Road, and by 1904 there were fifteen generating units.

However it soon became obvious that a larger station was required to meet future demand, and in May 1902 construction of the Southwick 'A' power station was begun. It opened on 16 June 1906 and initially operated with three turbines, a fourth being added the following year. As Southwick's capacity increased, North Road was run down and ceased generating in 1908. In 1924, large substations were opened at Roedean Road, Hollingdean Road and behind the Rookery in Preston Road, all of which still stand.

Southwick was connected to the new national grid in 1926 when the



Brighton 'A' power station at Shoreham

supply was made standard, and had further plant extensions in the following years.

The Brighton Corporation had a number of colliers built to bring coal from the north-east of

England to Shoreham Harbour to supply the power station.

By 1946 Southwick's capacity had again increased and in the same year the C.E.G.B. authorised Brighton Corporation to construct a second power station at Southwick, which was started the following year. The Southwick power stations were transferred to the South-Eastern



Shoreham 'B' Power Station

Electricity Board on 1 April 1948 when electricity supplies were nationalised. The new station, known as Brighton 'B', opened in 1952 in a massive building, with two 360-foot chimneys, to the west of Brighton 'A'. In March 1969 however, the ageing 'A' station was run down, and generation ceased completely by 1976, the building being demolished in May 1980. By 1987 Brighton 'B' had also come to the end of its useful life and had ceased production. The eastern chimney was blown up before a large crowd, including my family, on 16 July 1988 and the rest of the building was demolished.

The present Shoreham Power Station built on the site of the Brighton 'B' Power Station runs on natural gas. The chimney is 100m tall, and a local landmark.

Today the Rampion wind farm, off the Sussex coast which was commissioned in April 2018 has a capacity of 400 MW. This is fed through undersea cables to the National Grid.

There are already plans to extend the windfarm probably doubling its capacity.

John Phillips

Prayer Meetings at St Mary Magdalen Church

We meet on the first Saturday of each month in the Harper Room at the back of the Church from 10.30 a.m. to 11.30 a.m. ending with refreshments. The meeting begins with a prayer, then a short Bible reading giving a thought for the day. A hymn and prayers are offered up to our Heavenly Father for the work of the Church, the World, and our community, the sick, the anxious, and the departed, ending by giving thanks for the blessings God sends. We end with a final blessing, the Grace and a hymn. A poem is included of someone's personal choice.

All are welcome to come and join us and if you have a prayer to offer up then it is good to share it. If you are unable to come please let me know if you would like us to offer up a prayer for you and we will include it during the meeting.

Reg Neville

My God is No Stranger

God is no stranger in a faraway place
He's as close as the wind that blows across my face
It's true I can't see the wind as it blows
But I feel it around me and my heart surely knows
That God's mighty Hand can be felt every minute
For there is nothing on earth that God isn't in it
The sky and the stars, the waves and the sea
The dew on the grass, the leaves on the tree
Are constant reminders of God and his nearness
Proclaiming His presence with Crystal-like clearness
So how could I think God was far, far away
When I feel him beside me every hour of the day
And I've plenty of reasons to know God's my friend
And this is one friendship that time cannot end!

This poem written by Helen Steiner Rice was read at the meeting on 1st February.

The Ambassador of Sunshine

Helen Steiner Rice was born on 9th May 1900 in Lorain, Ohio. Widely known as the 'Poet Laureate of Inspirational Verse' as well as 'The Ambassador of Sunshine'. Two commendable titles showing how well thought of she became. Having high expectations at a young age, one high school yearbook noted her wanting to be a congresswoman. This being inspired by her teachers, some who were known Suffragettes. Sadly, her dreams of going to college ended when her father passed away suddenly from the 1918 flu epidemic. Thus, making her become the main breadwinner for her mother and sister.



Helen started to working for the Lorain Electric Light and Power company. Working first by demonstrating how to create attractive lamp shades, then quickly working up through the company to become the companies Advertising Manager. By her twenties she was invited to be spokeswomen for the Ohio Public Service Company. This would mean crisscrossing the country giving speeches on promoting the advantages of the light industry. It also gave her the chance to tell the people about the opinions of women as consumers and the value of women's talents in the workplace.

After several years, Helen left her job to set up her own Speaker Bureau, which won her newspaper acclaim due to her popular enthusiastic speeches. In 1928, moving to Dayton, Ohio, Helen met her husband a wealthy banker named Franklin Rice. And on January 1929, they got married. In October of the same year came the big crash of the New York stock market, which led to the closure of Franklin's bank and the loss of his job. This created his financial ruin and drove him to deep depression. Helen returned to work to help the situation and was offered a job in 1931 with the Gibson Art Gallery in Cincinnati. She became the company's trouble shooter, visiting the greeting card installations and helping with recommendation to improve card sales. She was given the title 'The

Ambassador of Sunshine,' for her cheerful and successful ways. Even though Helen had improved the couple's financial worries, her husband's illness had a turn for the worse and he committed suicide age 32 while she was at work in Cincinnati.

Helen decided to stay in Cincinnati after Franklin's death and kept her job at the Gibson Art Gallery. Paying off the family debts she started to make a new life for herself in the cultural life in Cincinnati. When the editor of greeting cards at Gibson's died, Helen became the new editor in the mid 1930's. A job title she would hold for more than forty years at the company.

Even in the early years working at Gibson, Helen understood the need for greeting cards that would inspire others. Saddened by her mother's death she penned a sympathy card with the words 'When I Must Leave You' which became very popular. As her faith in the good Lord strengthened, she would write inspirational letters and notes to friends and co-workers. Who would anticipate the spirited rhymed Christmas cards she would send to everyone in the festive season. The vice president of Gibson acknowledged Helen's talent and approached her about signing some of her verses on the company greeting cards.

In 1960 a performer on the national TV show, The Lawrence Welk Show, read out one of her Christmas verses 'The Priceless Gift of Christmas.' This led to her giving permission for the TV show to read out one of her poem's 'The Praying Hands,' live on TV. The poem was about holiness, daily acts of selfless service that often go unnoticed. This catapulted Helen Steiner Rice into the national limelight. 'The Praying Hands' went on to be one of the most popular greeting cards ever sold in America.

In the following years of her life, Helen wrote many new inspirational verses that were gathered with ones previously sent to friends and family. Many books were pieced together with her words and the greeting cards continued to be very popular. People from all over the world wrote to Helen for encouragement and

support with personal problems. She tried to reply to everyone, as she believed God had given her a gift to channel His love into the world. Due to a crippling arthritic condition, Helen retired at the grand age of 80. During her last years, a charitable trust was set up in her name to carry on the good works even after her death. The trust sells books, cards and other memorabilia bearing her name, still selling thousands every year. And the trust has given away millions of dollars to help those still in need. Helen spent her final months living in a retirement center. Those who visited contended that, until the last, Helen Steiner Rice remained an 'Ambassador of Sunshine.'

Marc Boase

Update on the RUBY

Given that the RUBY is the only pub in the Coldean Community, I thought it important that I should write in the Church Magazine to keep everyone in Coldean updated on the project that started in October 2016.

As many of you will know RUBY was pre-named Hikers Rest. The only thing in the pub itself which gives a clue about the history of the grand old building is a small engraving cut into one of the bricks on the side which says "1937". However, from searching the archives at The Keep we were able to find not only the original architect's, Messrs Denman & Son, drawing of the plan of the building but also "The Notice of Approval of Plans" sent by the Chailey Rural District Council. This Approval Notice interestingly refers to the "Proposed New Hotel at Cold Dean for the Kemp Town Brewery, Brighton".

Kemp Town Brewery incidentally operated some 214 pubs until it was bought out by Charrington in 1954.

Charrington merged with Bass in 1967 to form Bass Charrington and in 1997 they sold Hikers Rest to Punch Tavern.

Here are some photos of the Hiker Rest dating back some 70 years.



Hikers Rest in 1950s



Hikers Rest c1978



Hikers Rest c1987



Hikers Rest in 2020

I am sure you will agree that the property looked at its best in Bass Charrington's ownership. With red brick still showing and bright white windows. As an owner of RUBY, I hope our modern touches bring out the best of RUBY as it did back in the day.

Punch Tavern decided to sell many of its properties in 2015 when we purchased RUBY. Many of their properties were being sold off to national chains to be converted to convenience stores. However, our thinking was that since Coldean Convenience had been refurbished a year earlier and refitted - there was little merit in losing a potential meeting facility and gaining yet another impersonal store like Tesco or the Co-op that would have taken trade away from other local stores and do nothing for the benefit of the community.

Creating community facilities

Our objective has always been to be part of the community and invest in, support and serve the community. We decided to buy Hikers Rest and restore it so that once again its warm and welcoming to all, serves good beer to the community and can provide a meeting facility for everyone in Coldean to use.

We decided that we will restore the Hotel upstairs (as envisaged in the original plan) and also make sure that there is a food offering available at the pub.

We have started connecting with the wider Coldean community. We want to make sure that it is open for older and younger people alike. We held a children's party for Halloween and were pleased that despite being awful afternoon weather-wise some 30 children came to it and their parents were pleased to have an opportunity to come for a drink whilst our resident DJ and Emma our manager entertained the children. At the children's Christmas party 60 children attended. We will continue with a monthly disco event for children.

Since opening in August 2018 after a full refurbishment the premises have been used for several birthday parties, Christenings, and wakes. We have a regular karaoke evening on Fridays. We have a darts and a pool team running. We have connected with some local care homes and inviting them to bring their residents to RUBY for an afternoon coffee and a cake or something a bit stronger on Thursdays. We are in discussion with a local nursing home looking after patients suffering from Dementia to bring their residents for a coffee and a cake too, so they are not just ignored. We have a digital jukebox and will be playing the music of the correct era for them.

Please follow our Facebook page for an update on what's going on at RUBY. As a pub serving the community, we look forward to meeting

those we have not yet. You are all welcome to come and join us and we thank you for your regular signs of support.

Please cut out and bring the voucher at the back of the magazine with you to receive £1 off from each first drink purchased.

Emma Wood

Retired? Not exactly!!!

When you 'retired' did you have visions of long lay-ins, binge watching your favourite TV programs, endless free time, lots of eating out, numerous holidays and so much more?

I must admit that I did but the reality has been so very different.

I stopped work the summer before my 60th birthday and have been retired for 4 years now. I hasten to add that this was only possible because I worked for Lloyds Bank for 20 years before I was made redundant and, even though I only worked 4 days a week, my pension with them was sufficient for me to manage. Many of the women that I worked alongside in the last three years of my working life, in a retail environment, were not so fortunate when the Government changed the goalposts at the 11th hour, and like me will not get their State pensions until they are 66, a whole six years after they were expecting it! Unlike me, however, many of those who have worked all of their life, have no private or company pension and cannot AFFORD to retire even if they want to, which I know many do, and who can blame them? I certainly don't!

Anyway, I digress. Each year that has passed, I have tried to add new interests to my schedule in an effort to keep myself happy, fit and healthy but this has not always been easy.

When I first retired my mum, Pat, was in the throes of being diagnosed with dementia and my daughter, Elaine had a 2 year old in nursery and was working, so a lot of my 'free' time was divided between looking after my mum and helping out with my daughter and granddaughter, Amelie.

After a while I decided that I needed to do something for myself and I enrolled on an Upholstery course for a short while until I had learnt enough to be able to try some projects on my own. Some of you will be aware that I re-upholstered 25 of the church hall chairs and have taken on some other projects for friends and family. I have also sold some of my goods on eBay.

This kept me occupied for a couple of years until Amelie went to school and my sister and I decided that we needed to arrange some daily care visits for my mum which freed us both up with a little more time for ourselves.

One of the activities that I have always enjoyed is singing and I saw an advert from Moulsecomb Leisure Centre who were starting up a 'Singing for Health' class on Mondays from 11am-1pm and decided to give it a go. I am very glad that I did because I find these classes very enjoyable and uplifting and always come home happy with a smile on my face! They are currently held 4 times a month, with every alternate week being held in St. Andrews Church, Moulsecomb. We are always looking for new members so why not join us?

Shortly after this, I attended an activities day at King Alfred Leisure Centre with a friend and we tried out lots of different sports and activities. Although none of them particularly appealed to me, I did want to do something else and when I saw that Preston Bowls club were offering free coaching for indoor bowls for 10 weeks on Tuesday evenings, Alan and I and some friends signed up and subsequently became members. The four of us now play on a fairly regular basis just for fun. The club has the added benefit of a bar and restaurant with very favourable prices, just £6 for a Sunday roast!

Last year I started going swimming once a week with my sister, although this has curtailed of late, and I also joined a second singing group here at St. Mary Magdalen Church on Wednesday evenings at 7pm run by the lovely Tracy Taylor. This is totally free and is open to everyone so please feel free to come. We are desperate for some more male voices.

In June I bought myself a Fitbit which is like a watch that you wear that also counts your daily steps, records your heart rate and sleep patterns and counts your calories for you. Throughout the summer months Alan and I did lots of walking and my fitness levels started to improve but it is hard to keep up the exercise in the winter months when it is cold and wet and I am afraid to say that I have lapsed. I do, however, attend a Water Aerobics class once a week in Withdean to try and maintain my stamina and hope to return to more regular walking when the weather improves.

In January 2019 there were two more major events in my life. Firstly, we opened up our home to my nephew, Mark, (he is more like our son) his partner, Sarah, and their soon to be 2 year old daughter Miah so that they could purchase and refurbish their new home in Patcham. Secondly, was the exciting arrival of our first grandson, Rowan.

Mark anticipated a timescale of approximately 8/9 months to get the work on the house done but various hold ups and problems meant that they have been living with us for a little over a year and Miah, who now knows us as Nanny & Grandad, is almost 3! Also during this year, Rowan has grown into a beautifully cheeky and inquisitive one year old and Elaine has returned to work part time.

However, the most significant and upsetting change during the last year was to my mums health. After a recent infection her condition worsened. She became weak, confused and physically unable to live in her own home and after several falls and a hospital stay it became apparent that we needed to find her the safe environment of a Nursing home to live out the rest of her life.

I can honestly say that this period has been one of the most challenging and stressful in my entire life, culminating in everything happening in the last 3 days. My mum was transferred from hospital to a Nursing home, we celebrated both Rowan's and my own birthday and Mark & Sarah finally moved out into their new home!!!

Once again, the dynamics of my family has changed and I have had to adapt my 'retirement' plans to accommodate them.

No doubt everyone else has a similar story as how often do you hear the phrase 'I don't know how I ever found time to go to work!'

Mary Violet

Hire the church hall for your events

The hourly rate is £17.00

Concessions apply for Electoral Church members
(Regrettably 18th Birthday Parties are excluded)

Commercial Organisation rates are £25.00 per
hour

Reducing to £17.00 after 4 hours

Telephone: Sue Docherty 07526 455 302

e-mail: sdocherty55@gmail.com

Coldean Community Chorus

Wednesdays 7 - 8.30 p.m.

Come and sing!

All styles of music - Everyone
welcome - It's free

Sing for fun and make new friends

St Mary Magdalen Church

Call/Text Tracey on 0752 2790845
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Here is a voucher for money off at the RUBY.

RUBY - Voucher

Please give the holder of this voucher £1 off from each drink purchased with the first order.

Emma Wood
Manager - RUBY



Christopher Stringer

Funeral Directors

Christopher has been in the funeral profession for over 30 years, serving the local community of Rottingdean and beyond across Brighton & Hove. He is a committed Christian and a Church organist. He has a special understanding to the needs of fellow Christians.

Funerals can be arranged in the privacy of your own home.

If you'd like to discuss any requirements that you may have, please call Christopher.



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